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## Installation Instructions

### Factory headrest removal....

The factory headrest removal is fairly simple and understanding this process makes installation of the VHR mount even easier. The factory headrests usually have a height adjustment option whereby a spring clip or pin fits into dents or cutouts in the adjusting rods. First lift the headrest to the highest position. Then release the tension on the spring clip holding the headrest in place and remove the factory headrest.

Ford CVPI headrests have an external clip just below the cloth of the seat that can be felt and pushed aside. Chevy headrests are similar to Dodge headrests and have a spring clip that can be released usually on one of the adjustment rod inserts. The plastic factory headrest insert on the top of the seat hides the spring clip and may require removal of a small access panel or cover. Some Chevy's have a pin hole in the headrest insert that allows the insertion of a small pin to release the tension on the headrest rods. Once this step is complete, installation is a breeze. Needless to say, some wiggling may be required.

### Assembly and Installation of the VHR mount.....

The VHR mounts come packaged disassembled for lower shipping costs. The only assembly required for installation is adding the two (2) shaft collars for each mount ordered. The shaft collars have a set screw which allow for height adjustment of the VHR mount. Make sure the set screws of the shaft collars are backed out enough to insert over the rods. Insert the rod ends through the shaft collars and set them at a **minimum** depth of 4". I recommend setting these at the greatest depth possible which anchors the mount deeper in the seat framework. Once these are in place you can attach your accessories (armrest) to the mount or install the mount in the seat top.

Installation is the reverse of removal. The rod bottoms of the VHR mount come slightly beveled for installation and may allow simple push-in installation into the headrest inserts already in the top of the seat. In case the VHR mount does not push in, you will have to again release the spring clip tension on the inserts and slide the mount in. Again, the greater the depth, the more stable the VHR mount is likely to be. Again, some wiggling may be required.